

MOVIE DISCUSSION GUIDE

Thank you for sharing Catching Faith 2 with your community. We are prayerful that God will use this film a pathway for truth, life and peace. Catching Faith 2, The Homecoming is a family movie with something for all ages. This guide is a tool to help start conversations within your family, church, youth group, or small group.

BEGIN by purchasing a copy of Catching Faith 2.

INVITE friends and family to join you to watch the movie.

SHOW Catching Faith 2. Consider offering refreshments and provide an opportunity for viewers to share their movie experience when the film ends.

FOLLOW UP by posting a 5 week discussion group using this movie conversation guide.

For more information about Catching Faith 1 and 2 visit: www.catchingfaith.com

The Elijah Project Bible Study featured in the movie is also available for purchase: andreapolnaszek.com

Catching Faith Conversation 1: Homecoming

"I'm Coming Home" - Beau and Ravyn

Homecomings are a time many people return to their high school or college alma mater to reminisce and rekindle old relationships. Homecomings may be excitedly anticipated or dreaded depending upon the last encounter.

Movie Moment: In Catching Faith 2 each character is reconciling some experience or life choice as they return home. Identify the state of the homecoming for each of the main characters in Catching Faith 2.

Alexa: John: Beau: Ravyn: Grandma Loretta: Jezi: Coach Z:

Personal Moment: What was the last "homecoming" you had?

Did you return to something or did someone or something return to you? How did it go?

Is there a homecoming you are avoiding? Why?

Bible Moment: Read Leviticus 25:1-17

Spirit Moment: What would a year of Jubilee look like in your life?

How could you take a next step toward a happy homecoming?

Catching Faith Moment: Schools often have a motto or song that encapsulates the mission and values of the institution. Write a personal motto and post it on your bathroom mirror.

Catching Faith Conversation 2: The Seasons of Life

"I didn't give up. This was not my choice. They let me go from the team." - Beau

According to *Merriam Webster's Dictionary*, a season is a period of the year characterized by or associated with a particular activity or phenomenon. A season may be characterized by certain weather patterns or holidays. Seasons can help to mark particular times of life: education, family, or work.

Movie Moment: Identify what season each of the Catching Faith 2 characters found themselves in at the start of the movie. Identify one emotion each of the characters felt in reference to their season of life.

Alexa: John: Beau: Ravyn: Grandma Loretta: Jezi: Coach Z:

Personal Moment: Identify what season you find yourself in.

Which movie character's journey do you most relate with?

Bible Moment: Read Genesis 1:14-19

Spirit Moment: How does this scripture illustrate God's design for seasons?

What is God teaching you right now in the season you find yourself in?

Catching Faith Moment: Draw a leaf on a sticky note. Write the feeling words you identified during your Personal Moment (above) and attach the note to the side of your computer. Read the feeling list every day for one week.

Catching Faith Conversation 3: Living in the Moment

"Didn't God come up with the living in the moment thing? Isn't that a Jesus saying?" – Emily

We live in an instant society. We can microwave our food in seconds, receive digital responses within moments of asking a question and we can binge watch television with no regard for a cliff hanger or summer hiatus. There is no wonder we struggle with FOMO: the Fear Of Missing Out.

Movie Moment: Alexa's Bible Study had a discussion about <i>living in the moment</i> . Which character did you relate to most in their	How did the other characters struggle with <i>being in the moment</i> ?
conversation?	John:
Alexa:	Beau:
Jael:	Ravyn:
Kelly:	Grandma Loretta:
Jessica:	Jezi:
Emily:	Coach Z:

Personal Moment: How do you do *being in the moment*?

When do you notice yourself most distracted?

What strategies have you found to help you stay in the moment?

Bible Moment: Read Philippians 4:13

Spirit Moment: How did you respond to the Bible Study group discussion of this verse?

Do you relate?

How has God led you to be more present with others?

Catching Faith Moment: Post Philippians 4:13 on the home screen of your phone.

Catching Faith Conversation 4: Finding Joy in Loss

"At the end of your life, you realize that it isn't your accomplishments that matter, it's the people you spend your time with." – Coach Z

A life well lived will include loss. Loss can come in many shapes and sizes: the loss of innocence, the loss of a dream, the loss of a job, or the loss of a person. If you have lived you have been touched by loss.

Movie Moment: Grandma Loretta struggled with the loss of her husband, while Beau struggled to cope with his physical limitations and Alexa is challenged by both of their losses. The entire cast of characters experienced some kind of loss throughout the movie. Take a moment to reflect on the losses each character experienced.

Alexa:

John:

Beau:

Ravyn:

Grandma Loretta:

Jezi:

Coach Z:

Personal Moment: Take a look at the list of losses above. Which of those losses have touched your life?

Which loss are you currently struggling with?

Bible Moment: Read Psalm 30:1-7

Spirit Moment: Good grief allows us to feel true joy. It is difficult to walk through deep sadness as related to loss. God designed us for a relationship with Him and others. King David knew great joy and devastating loss, his words in the Psalms can provide a point of peace. How can you take a step toward *good* grief as you walk through your loss?

Catching Faith Moment: Take a moment to identify the names of a few good friends. Reflect on how you felt the last time you spent time with them. Make a coffee date with the friend who you had the most recent joy-filled time with.

Catching Faith Conversation 5: Forgiveness

"I'm the queen of avoidance. Alexa, I'm sorry for how I treated you when our boys were in high school." – Jezi

Life is full of moments when we don't offer our best selves to the world. Whether it is a hurtful word let loose in an argument or not following through when we felt prompted to reach out to someone, we all make mistakes. Forgiveness is a powerful force that can release you from regret and allow you to more fully embrace the moment before you.

Movie Moment: Alexa and Jezi cope with the conflict of the past by sweeping things under the rug until it finally explodes when the tree falls. What form did forgiveness take for each of the movie characters?

Alexa:

John:

Beau:

Ravyn:

Grandma Loretta:

Jezi:

Coach Z:

Personal Moment: Reflect on a time when someone truly gave you the benefit of the doubt and released you from any wrong doing. Is there anyone on your "list" that it would be healthy to give the benefit of the doubt to and let their injury go?

Bible Moment: Read Psalm 103:1-5 and Luke 23:32-34

Spirit Moment: Take a moment to think of Jesus forgiving Judas. What must that have been like?

How does that change your perspective about the person on your list?

Catching Faith Moment: Find a picture or an ornamental cross. Put it on your bedside table and take 2 minutes to think about Jesus sacrifice and what forgiveness means through His eyes.

For more resources and information about The Elijah Project Bible Studies visit:

www.andreapolnaszek.com